

## **Palfrey Church**

### **Notes on the services 1<sup>st</sup> to 29<sup>th</sup> September 2024**

**Sunday 1<sup>st</sup> September 2024**    Beginning of the Indiction (the Church year)  
The Environment  
St Symeon Stylites

#### **Liturgy**

**Apolytikia                      Resurrection                      Tone 1**

**When the stone had been sealed by the Jews,  
And while soldiers were guarding your most pure Body,  
You rose, O Saviour, on the third day, giving life to the world.  
Therefore the heavenly Powers cried out to you, O Giver of Life:  
Glory to your Resurrection, O Christ! Glory to your kingdom!  
Glory to your dispensation, only Lover of mankind!**

**The Indiction                      Tone 2**

**Fashioner of all creation,  
Who fixes times and seasons by your own authority,  
Bless the crown of the year with your goodness, Lord,  
Preserving kings and your city in peace,  
At the prayers of the Mother of God, and save us.**

**The Environment                      Tone 4**

**Lord and Saviour, who as God brought all things into being by a word,  
Establishing laws and governing them unerringly to your glory,  
At the prayers of the Theotokos,  
Keep secure and unharmed all the elements  
Which hold the earth together,  
And save the universe.**

**The Saint                      Tone 1**

**You became a pillar of endurance, Venerable Father,  
Rivalling the forefathers: Job in sufferings and Joseph in trials,  
And, while still in the body, the life of the Bodiless Powers.  
Our Venerable Father Symeon,  
Intercede with Christ God that our souls may be saved.**

**Church**

**Tone 4**

**Your nativity O Mother of God**

**Has made joy known to the whole inhabited world,  
For from you there dawned the Sun of righteousness, Christ our God.  
He abolished the curse and gave the blessing;  
And by making death of no effect he bestowed on us eternal life.**

**Kontakion**

**Environment**

**Tone 2**

**With your all-powerful strength you framed all things,  
Both visible and invisible;  
And so keep unharmed, we implore of your goodness,  
The environment that surrounds the earth.**

**Sunday 8<sup>th</sup> September 2024 - Nativity of the Theotokos**

**Liturgy**

**Apolytikia                      Resurrection                      Tone 2**

**When you went down to death, O immortal life,  
Then you slew Hell with the lightning flash of your Godhead:  
But when from the depths below the earth you raised the dead,  
All the Powers in Heaven cried out:  
Giver of life, Christ our God, glory to you!**

**Church                      Tone 4**

**Your nativity, O Mother of God,  
Has made joy known to the whole inhabited world,  
For from you there dawned the Sun of righteousness, Christ our God.  
He abolished the curse and gave the blessing;  
And by making death of no effect, he bestowed on us eternal life.**

**Kontakion                      Nativity of the Theotokos                      Tone 4**

**Joachim and Anne were set free from the reproach of childlessness,  
And Adam and Eve from the corruption of death,  
By your holy nativity, O most pure one.  
Delivered from the guilt of offences,  
Your people also celebrate the feast as they cry to you:  
The barren woman bears the Mother of God, the sustainer of our lives.**

**Sunday 15<sup>th</sup> September 2024**    **Sunday after the Raising of the Cross**

**Liturgy**

**The Exaltation of the Cross** will be served before or during the Liturgy

**Antiphons** are of the Feast; readings are for the Sunday

**Apolytikia**                      **Resurrection**                      **Tone 3**

**Let everything in Heaven rejoice, let everything on earth be glad,  
For the Lord has shown strength with his arm,  
By death he has trampled on death,  
He has become the first-born from the dead,  
From the belly of Hell he has delivered us,  
And granted the world his great mercy.**

**Feast**                                      **Tone 1**

**Lord, save your people and bless your inheritance,  
Granting to faithful Christians victories over their enemies,  
And protecting your commonwealth by your Cross.**

**Church**                                      **Tone 4**

**Your nativity O Mother of God  
Has made joy known to the whole inhabited world,  
For from you there dawned the Sun of righteousness, Christ our God.  
He abolished the curse and gave the blessing;  
And by making death of no effect he bestowed on us eternal life.**

**Kontakion**                      **Feast**                                      **Tone 4**

**Lifted up on the Cross of your own will,  
To the new commonwealth that bears you name  
Grant your mercies, Christ God;  
Make your faithful people glad by your power,  
Granting them victories over their enemies;  
May they have your help in battle: a weapon of peace, an invincible trophy.**

**Sunday 22<sup>nd</sup> September 2024**

St Phocas the priest-martyr

**Liturgy**

**Apolytikia**

**Resurrection**

**Tone 4**

**When the women Disciples of the Lord  
Had learnt from the Angel the joyful tidings of the Resurrection,  
Casting away the ancestral condemnation,  
Triumphantly they said to the Apostles:  
Death has been despoiled,  
Christ God has been raised,  
Granting the world his great mercy.**

**The priest-martyr Tone 4**

**As a sharer of the ways and successor to the Apostles, O inspired of God,  
You found discipline to be a means of ascent to divine vision.  
So having rightly divided the word of truth,  
You also contested for the faith even unto blood, O hieromartyr Phocas.  
Intercede with Christ God that our souls be saved.**

**Church**

**Tone 4**

**Your nativity O Mother of God  
Has made joy known to the whole inhabited world,  
For from you there dawned the Sun of righteousness, Christ our God.  
He abolished the curse and gave the blessing;  
And by making death of no effect he bestowed on us eternal life.**

**Kontakion**

**Protection of Christians that cannot be put to shame,  
Unfailing mediation with the Maker,  
Do not despise the voices of us sinners as we pray:  
But, in your love, be quick to help us  
Who cry to you with faith:  
Hasten to intercede, make speed to entreat,  
O Mother of God,  
For you ever protect those who honour you.**

**Sunday 29<sup>th</sup> September 2024**

**Liturgy**

**Apolytikia                      Resurrection              Tone 5**

**Let us believers praise and let us worship the Word,  
Who like the Father and the Spirit is without beginning,  
Born from a Virgin for our salvation;  
For he was well pleased to ascend the Cross in the flesh  
And undergo death,  
And to raise those who had died,  
By his glorious Resurrection.**

**Church                      Tone 4**

**Your nativity, O Mother of God,  
Has made known joy to the whole inhabited world,  
For from you there dawned the Sun of righteousness, Christ our God.  
He abolished the curse and gave the blessing;  
And by making death of no effect, he bestowed on us eternal life.**

**Kontakion                      Tone 2**

**Protection of Christians that cannot be put to shame,  
Unfailing mediation with the Maker,  
Do not despise the voices of us sinners as we pray;  
But in your love be quick to help us  
Who cry to you with faith.  
Hasten to intercede, make speed to entreat,  
O Mother of God,  
For you ever protect those who honour you.**