

## **Palfrey Church**

**Notes on the services 7<sup>th</sup> April 2024 to 5<sup>th</sup> May 2024**

**Sunday 7<sup>th</sup> April 2024**      **Third of Lent**  
**Veneration of the Cross**

**Liturgy** St Basil with the Typika psalms and Beatitudes plus verses of the Sunday

**Apolytikia**                      **Resurrection**              **Tone 3**  
**Let everything in Heaven rejoice, let everything on earth be glad,**  
**For the Lord has shown strength with his arm,**  
**By death he has trampled on death,**  
**He has become the first-born from the dead,**  
**From the belly of Hell he has delivered us,**  
**And granted the world his great mercy.**

**Holy Cross**              **Tone 1**  
**Lord, save your people and bless your inheritance,**  
**Granting to faithful Christians victory over their enemies,**  
**And protecting your commonwealth by your Cross.**

**Church**                      **Tone 4**  
**Your nativity O Mother of God**  
**Has made joy known to the whole inhabited world,**  
**For from you there dawned the Sun of righteousness, Christ our God.**  
**He abolished the curse and gave the blessing;**  
**And by making death of no effect he bestowed on us eternal life.**

**Kontakion**                      **Lent**                              **Tone 8**  
**To you the champion leader we your flock dedicate**  
**A feast of victory and of thanksgiving**  
**As ones rescued out of sufferings, O Theotokos.**  
**But as you are one with might which is invincible**  
**From all dangers that can be do you deliver us**  
**That we may cry to you**  
**Hail, Bride without bridegroom.**

Instead of Holy God, we sing:

**We venerate your Cross O Master, and we glorify your holy Resurrection (x3)**

**7<sup>th</sup> April Continued;**

**Glory to the Father and to the Son and to the Holy Spirit**

**Both now and ever and to the ages of ages. Amen**

**And we glorify your holy Resurrection.**

**We venerate your Cross etc (x1)**

**Priests' communion:** verses from the Canon of the Cross, Tone 1:

Moses the servant of God prefigured your Cross

**People's communion:**

**The light of your countenance is marked upon us, O Lord**

**Sunday 14th April 2024** Fourth of Lent

**St John of the Ladder**

**Liturgy of St Basil** with Typika instead of the antiphons

**Apolytikia**

**Resurrection**

**Tone 4**

**When the women disciples of the Lord**

**Had learnt from the Angel the joyful message of the Resurrection,**

**Casting away the ancestral condemnation,**

**Triumphantly they said to the Apostles:**

**Death has been despoiled, Christ God has been raised,**

**Granting the world his great mercy.**

**The Saint**

**Tone 8**

**With the streams of your tears you cultivated the barren desert,**

**And with deep sighings from the heart**

**You made your toils bring forth fruit a hundredfold, and you became a beacon,**

**Shining in all the world by your wonders, our venerable Father John;**

**Intercede with Christ God that our souls may be saved.**

**Kontakion**

**Lent**

**Tone 8**

**To you the champion leader we your flock dedicate**

**A feast of victory and of thanksgiving**

**As ones rescued out of sufferings, O Theotokos.**

**But as you are one with might which is invincible**

**From all dangers that can be do you deliver us**

**That we may cry to you**

**Hail, Bride without bridegroom.**

**Sunday 21<sup>st</sup> April 2024**

**Fifth of Lent**

**St Mary of Egypt**

**Liturgy**

St Basil with the Typika psalms and Beatitudes plus verses of the Sunday

**Apolytikia**

**Resurrection**

**Tone 5**

**Let us believers praise and let us worship the Word,  
Who like the Father and the Spirit is without beginning,  
Born from a Virgin for our salvation;  
For he was well pleased to ascend the Cross in the flesh  
And undergo death,  
And to raise those who had died,  
By his glorious Resurrection.**

**The Saint**

**Tone 8**

**In you, Mother, was preserved unimpaired  
That which is according to God's image:  
For you took up the Cross and followed Christ,  
And by your deeds you have taught us  
To despise the flesh, for it passes away,  
But to care for the soul, which is a thing immortal.  
And therefore your spirit, holy Mary,  
Rejoices with the angels.**

**Church**

**Tone 4**

**Your nativity O Mother of God  
Has made joy known to the whole inhabited world,  
For from you there dawned the Sun of righteousness, Christ our God.  
He abolished the curse and gave the blessing;  
And by making death of no effect he bestowed on us eternal life.**

**Kontakion**

**Tone 2**

**Protection of Christians that cannot be put to shame,  
Unfailing mediation with the Maker,  
Do not despise the voices of us sinners as we pray:  
But, in your love, be quick to help us  
Who cry to you with faith:  
Hasten to intercede, make speed to entreat,  
O Mother of God, for you ever protect those who honour you.**

**Saturday 27th April**

**Great Feast of the Raising of Lazarus**

The last miracle of the Lord

Vespers of the Feast on Friday 26<sup>th</sup> April

**Liturgy** of St John Chrysostom

Vespers for Palm Sunday on Saturday 7<sup>th</sup> April

**Sunday 28th April 2024**

**Great Feast of Palm Sunday (*fish is eaten*)**

Liturgy of St John Chrysostom

**Apolytikia**

**The Feast**

**Lazarus Saturday**

**Tone 1**

**Assuring us before your Passion of the general resurrection,  
you raised Lazarus from the dead, O Christ God.**

**Therefore, like the children, we also carry tokens of victory,  
and we cry to you the conqueror of death:**

**Hosanna in the highest!**

**Blessed is he who comes in the name of the Lord.**

**Palm Sunday**

**Tone 4**

**Buried with you through Baptism, Christ our God,  
we have been granted eternal life by your Resurrection,  
and we sing your praises, crying:**

**Hosanna in the highest!**

**Blessed is he who comes in the name of the Lord.**

**Kontakion**

**The Feast**

**Tone 6**

**Mounted on the throne in Heaven, Christ God,  
and on the colt on earth,  
you accepted the praise of the angels and the hymn of the children,  
who cried to you:**

**Blessed are you, who come to call back Adam.**

Antiphons, Little Entrance, It is truly right are for the Feast

Communion hymn for the Feast:

**Blessed is he that comes in the name of the Lord**

*At the end palms are distributed and there is a procession with the apolytikion.*

## **Great Week**

**Sunday 28th April 2024** after the Liturgy a shortened Bridegroom Mattins (of Monday)

**Apolytikion**

**Bridegroom Mattins**

**Tone 8**

**Behold, the Bridegroom comes in the middle of the night:  
And blessed is the servant whom He shall find watching;  
But unworthy is he whom he shall find in slothfulness.  
Beware, then, O my soul, and be not overcome by sleep,  
Lest thou be given over to death and shut out from the Kingdom.  
But return to soberness and cry aloud:  
Holy, holy, holy art thou, O God:  
Through the Theotokos have mercy upon us.**

## **Great Monday 29th April and Great Tuesday 30th April**

### **Bridegroom Mattins**

Mattins of the first three days of Great Week is celebrated on the previous evening (but in Palfrey the Sunday evening service, in skeleton form, is brought forward to the end of the Liturgy). They open with the Bridegroom Apolytikion and deal with preparing to meet Christ. The icon called the Bridegroom, used at this time, shows the suffering Christ, the theme called in the west Behold the man (in Latin Ecce homo).

## **Great Wednesday 1<sup>st</sup> May**

### **Service of Anointing**

On this day in the year the sacrament normally done on request for individuals who are sick is done in church for all the faithful, as a healing preparation for Holy Communion

## **Great Thursday 2<sup>nd</sup> May**

The Last Supper (wine is drunk today)

### **Vesperal Liturgy of St Basil**

First part of vespers with last part of the Liturgy

Communion hymn

Tone 6

**Of thy mystical supper, O Son of God,  
Receive me today as a communicant.  
For I will not speak of the mystery to thine enemies;  
I will not give thee a kiss like Judas;  
But like the thief will I confess thee:  
Remember me, O Lord, in thy Kingdom.**

## **Service of the Twelve Gospels**

(i.e. twelve readings from the four Gospels) covering the whole Passion story are read during the service, which is Mattins brought forward from Great Friday. The cross in the altar is brought out and set up in the church, and the icon of the crucified Christ placed on it, at the appropriate moment.

### **Great Friday 3<sup>rd</sup> May**

#### **The Royal Hours**

This is a read service with many readings from the scriptures lasting about two hours. Concurrently in Palfrey we decorate the Epitaphios with flowers, in readiness for the burial of Christ.

#### **Vespers and the Taking down from the Cross**

The Epitaphios is put in the middle of the church while hymns are sung commemorating the Crucifixion and, later, the burial of Christ in which the icon of the crucified Christ is taken from the cross. Finally the Epitaphion (the cloth icon of Christ in the tomb which normally lies on the altar) is brought out and laid on the Epitaphios, where it is then carried in a general procession (as if in a funeral) round the outside of the church, brought in and venerated by all.

#### **Lamentations**

Funeral hymns are sung and myrrh sprinkled, in which everybody takes part, to continue the theme of participation in Christ's burial.

### **Great Saturday 4<sup>th</sup> May**

#### **Liturgy**

Vesperal liturgy (see above) with many Old Testament readings (making it a long service), to commemorate Christ's waiting in the tomb, with the "first Resurrection", as halfway through the clergy change from black vestments to white.

### **Pascha 5<sup>th</sup> May**

#### **Eve of Pascha (4<sup>th</sup> May)**

**10.00 pm**

**Acts of the Apostles reading**

NB This is not a service and strictly speaking not part of the Paschal celebrations, but a monastic custom which some people at Palfrey like to follow.

**11.30 pm**

**Procession round church**



**Midnight**

**Resurrection, Mattins and Liturgy**

**Sunday 5<sup>th</sup> May**

**Vespers of Love** at which the Gospel story of St Thomas is read in many different languages.

**There are no other services on this day.**